FAQ

(Laser vaginal rejuvenation)

**How Does Laser Vaginal Rejuvenation Work?**

It targets the vaginal walls using laser technology which resurfaces the tissue and replaces it with healthy, new tissue. The lasers also stimulate the production of collagen, a vital substance for strong, healthy tissue.

**What can be treated with Vaginal Rejuvenation?**

Vaginal relaxation, which can occur from childbirth and aging, can cause many side effects that may make you uncomfortable or take you out of the moment. Oftentimes, women also experience an improvement in stress incontinence issues when they have the O-Shot. Many women experience decreased sexual sensation after giving birth, though vaginal rejuvenation isn’t just about sex. In fact, vaginal rejuvenation techniques are about giving you your life back.

Decreased sexual sensation is an issue for many women who experience vaginal relaxation. Vaginal rejuvenation helps tighten the vagina, which can directly improve your sex life. If you are looking for increased sexual sensation, increased friction can definitely help.

**How long does it take to perform?**

We use the O-Shot, because it offers great results with no downtime or discomfort. These treatments don’t require sedation or anesthetic, and only takes a short, twenty minute appointment.

**Can vaginal laser treatment be performed during menstruation?**

It is highly advised to receive treatment after having menstruation. Additionally, to receive this treatment, patients should not have vaginal infection or inflammation. Pregnancy, medical history of genital herpes and current use of anti-coagulant drugs are contraindicated and additional counseling is required.

**Is Vaginal Rejuvenation Safe?**

**Laser Vaginal Rejuvenation** or FemiLift is totally safe, and recommended by hundreds of women. Invasive corrective surgery can be traumatic, and risks infection, injury or operation failure, while over-the-counter options such as topical creams or herbal remedies can be ineffective, with only superficial short-term effects. FemiLift has an excellent patient satisfaction record with long-lasting successful results.

**How long does it take?**

The whole appointment will take less than half an hour. You'll get a full gynecological exam before the treatment commences to make sure you're a suitable FemiLift candidate.

**What will it feel like?**

Vaginal Rejuvenation or FemiLift is a cylindrical rod a few centimeters in diameter. Through a speculum your consultant will gently insert this into the vagina. It feels no different to any other gynecological procedure. The actual laser is painless. Patients report feeling a slight tingle of warmth, but the whole procedure is designed to be as comfortable as possible.

**How long do results last?**

Up to five treatments can be needed to build collagen for long-lasting results, carried out at intervals of 2-4 weeks.

**How long will it be before I can have sex after my treatment?**

After you've had your treatment you'll need to wait 5-7 days before you engage in any kind of sexual activity, to make sure your tissue has recovered. We also recommend that you avoid using tampons in this time, too. After a week or so, you'll be absolutely fine to resume your normal sexual activities..

Who is a Good Candidate for Laser Vaginal Rejuvenation

Laser Vaginal rejuvenation one of the most common female genital procedures. Women desire this type of surgery primarily when they want to improve or boost sexual gratification.

**What is recovery like?**

Because the O-Shot is a gentle, non-invasive procedure, there is no downtime after your appointment. You can go right back to work after their appointment, so don’t worry about having to take the day off to rest on the couch.